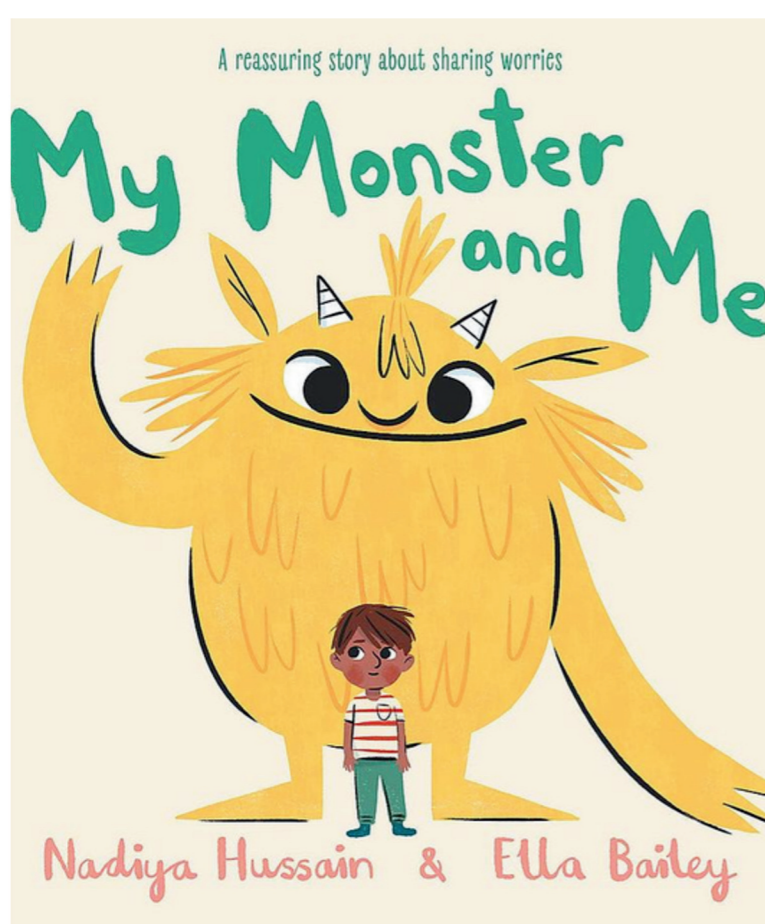


# Emotion Explorers

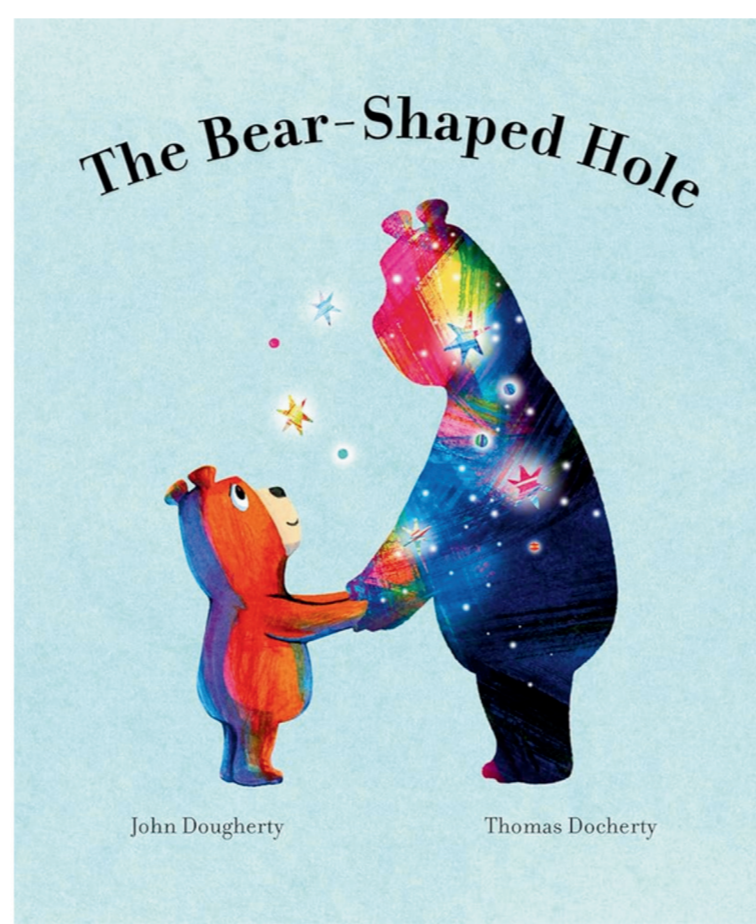
## Care for Feelings



### My Monster and Me

A little boy's worry monster follows him everywhere. This reassuring story helps children talk about worries and learn that sharing feelings can make them easier to carry.

EM



### The Bear-Shaped Hole

Gerda and Orlo are best friends. This tender story helps children begin to understand loss, missing someone, and the heavy feelings that can come after goodbye.

EB

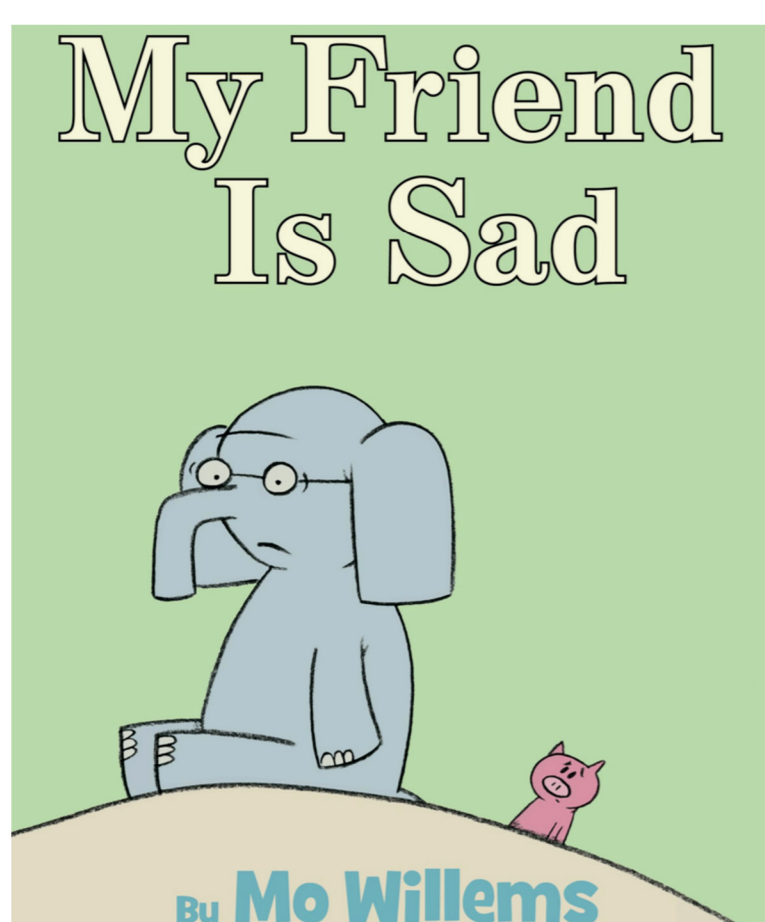


### An Unexpected Thing

A little creature faces something unexpected and frightening. This gentle picture book helps children think about fear, anxiety, courage, and exploring the world step by step.

EU

## Understand Others



### My Friend Is Sad

This delightful picture book invites children to join animal friends on an evergreen forest hike, discovering amazing wildlife through simple text and vibrant illustrations.

ELE



### The Magic Hug

A little dragon gets very angry and accidentally burns things. This story helps children understand anger, guilt, family love, and how a hug can help repair feelings.

EM



### Soaked!

Bear feels grumpy on a wet, rainy day, but his friends still find ways to have fun. This playful story helps children see how friends can change a gloomy day together.

ES